

# Listen

*A Seeker's Resource for Spiritual Direction*

J U L Y 2 0 0 7 V O L 1 : I S S U E 2

## LISTEN: CRY OF THE HEART

It's late afternoon, Sunday I think. Maybe Monday. No, it is definitely Sunday. Water pours over me. Eyes closed, I plant my feet side by side, toes firmly near the shower drain. Chin uplifted, drips of water mingle with my tears. A stifled sob escapes me. Then a deep breath, rib cage rises, shoulders square, and I turn around. I gaze through a tiny window in my shower and look to the west ... the shimmer of an aqua colored reservoir reflects the Rocky Mountain foothills. Green budding bushes fill the landscape; a hint of purple rises beyond the windbreak of trees. Oh! The lilacs bloom. A 4:00 p.m. sun dapples its golden generosity across the land, reaching me, even here.

I've stopped asking the question "why." The three letter word no longer makes sense to me. Turning my back to the sunlight, I again lift my face to the water spout. Thoughts flow through me as steady as the stream caressing my skin. "What meaning does *this* have now? Why is "why?" no longer a question that makes sense to me?" Everywhere I turn there is suffering and death. East, west, north, and south, of people known, and unknown.

So, here I stand in this, my prayer stall, after yet another telephone call today. The late sun penetrates my soul, and

I wonder about the reason that "why" has lost its meaning and energy for me. Perhaps it's because I've suffered.



European Robin—*Erithacus rubecula*

The only pertinent question that remains for me as a human person, as a spiritual guide, and as a seeker is, "What am I going to do with *this* new news? What meaning will I assign to the death of my friend's brother—he jumped from the sixth story of a building last week. Or, in regard to my fifteen year old nephew's medical diagnosis of diabetes, or about the high school senior killed instantly in an auto accident one mile from my home?" An interior voice admonishes me, "And these are just little things. What about world hunger, war, genocide, gangs, abuse, extinction of species, destitute poverty ...." I simply stand still, "What meaning? Why? ..."

The water begins to cool. I have only the capacity in this moment to stand in my shower, and welcome lukewarm water to wash me, in an ongoing baptism. I will take the moments of peace as they come. Be present. A prayer echoes in me: "Be still and know that I am God."

I turn the water off, give a squeeze to my long hair, ring out the remnants of grief, turn to the light, and dry my body. When I walk downstairs I know I will see an orange breasted robin at work, building her sturdy nest, just

### SEEDS OF INTEREST:

- Field Guide:  
*Energy Awareness:  
Centering, Grounding,  
and Personal Space*
- Share *Listen* with friends,  
interns, and directees
- Poetry:  
*Spiritual Direction*
- Field Notes:  
*Licking Our Wounds*

### INSIDE:

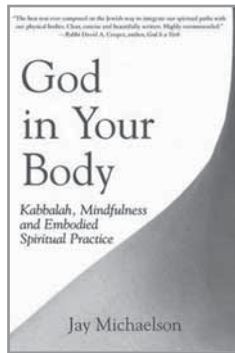
Bird's Eye View: <i>God in Your Body: Kabbalah, Mindfulness and Embodied Spiritual Practice</i>	2
Global Resources	4
Ask Owl	6
Global Events	7
Seek and Find a Spiritual Director	8

above the back porch door. I too can choose to build a life of shelter and compassion. For myself, and others. My "why" becomes, "Here I am, send me."

*What is your cry of the heart? Do you listen to your body, your energy, your questioning, your wounds, your concerns, your hopes? Who listens to you? Who do you listen to? For whom are you sent?* 🦋



# BIRD'S EYE VIEW



**God in Your Body:  
Kabbalah, Mindfulness and Embodied  
Spiritual Practice**  
by Jay Michaelson  
Woodstock, VT; Jewish Lights  
Publishing, 2007  
247 pages, CDN\$21.55, £9.53, US\$18.99  
Reviewed by Karen Erlichman

**T**oo often the body is omitted or forgotten in spiritual direction, despite the fact that nearly every faith tradition has spiritual teachings and practices that explicitly address the body such as fasting, communion, washing and bathing, eating, even sexuality. There are many times when directees are curious about or struggling with body related issues, such as health and illness, aging, sexuality and body image, to name a few.

Fortunately, there is a small but growing selection of contemporary books and articles that address the topic of spirituality and the body. One of the newest additions to this collection, written from the Jewish perspective, is *God in Your Body* by Jay Michaelson. Michaelson is a writer, editor, and retreat leader who integrates Kabbalah (Jewish mysticism), Buddhist teachings on mindfulness, and traditional Jewish texts and practices in this easy to read how-to guide, which is subtitled *Kabbalah, Mindfulness and Embodied Spiritual Practice*.

Each chapter focuses on a specific aspect of daily living or spiritual practice, such as eating, breathing, dancing, and fasting, to name a few examples. Michaelson's writing style is very colloquial and accessible, as if he were sitting with the reader and sharing his experience, knowledge, and suggestions.

For example, in the chapter on prayer, Michaelson gives the reader a simple description of the prescribed bodily movements for the *Amidah*, the silent standing Jewish

prayer in the morning and evening services. He also suggests bringing a specific focus and intention to this prayer, stating, "The *Amidah* posture is different from Mountain Pose (from yoga), but the basic idea is the same: readiness, uprightness, standing at attention" (p. 25).

I was curious to learn how Michaelson was going to approach some of the issues unique to women, such as menstruation. Interestingly, he actually includes a contribution written by a female colleague about menstruation rituals. Unfortunately, he did not address the topic of *shomer negiah* (observing sacred touch) in his chapter on touch, although he briefly mentions that in Judaism, as in other religions, there are guidelines and teachings regarding boundaries and touch.

Michaelson is the founder and director of Nehirim, a Jewish LGBT (Lesbian, Gay, Bisexual, Transgender) spirituality organization that offers annual weekend retreats. His writing appears frequently in *Forward* and several other national progressive Jewish publications and Web sites. *God in Your Body* is a book for a much broader audience. Spiritual seekers and practitioners who are interested in both traditional and innovative approaches to a conscious affirmation of the body as integral to spiritual practice will appreciate the gifts of this book.

—Karen Lee Erlichman, MSS, LCSW is a licensed clinical social worker and spiritual director living in San Francisco, California, USA. You may e-mail her at [karenerl@sbcglobal.net](mailto:karenerl@sbcglobal.net).



**God's Activity:  
The Heart of  
Spiritual Direction**  
*A unique 9-month program  
for experienced spiritual directors*  
**Center for Religious Development  
2240 Massachusetts Ave  
Cambridge, MA 02140**  
**PHONE: 617-547-4122 FAX: 617-491-9945**  
**E-mail: [info@crdcambridge.com](mailto:info@crdcambridge.com)**  
**Web: [www.crdcambridge.com](http://www.crdcambridge.com)**

**The Center is devoted to:**

- Exploring God's activity as it seeks to permeate directee, director and supervisor
- Enabling directee, director and supervisor to become more alive to God's activity
- Providing ten hours weekly of ongoing direction with people from diverse walks of life
- Engaging the director with God acting: in directees and in oneself through ongoing supervision
- Reflecting continuously on God inviting, encouraging and challenging all those who are involved in the ministry of direction

**Listen**

**Publisher:** Spiritual Directors International  
**Executive Director:** Liz Budd Ellmann, MDiv  
**Editor:** Pegge Bernecker  
**Production Supervisor:** Tobias Becker  
**Submissions:** [listen@sdiworld.org](mailto:listen@sdiworld.org)  
**Advertising:** [www.sdiworld.org](http://www.sdiworld.org)  
*Listen* is published four times a year (April, July, October, January)  
Opinions and programs represented in this publication are of the authors and advertisers and may not represent the opinions of Spiritual Directors International, the Coordinating Council, or the editors.

## ENERGY AWARENESS: CENTERING, GROUNDING, AND PERSONAL SPACE

**W**hat is energy? In *Winds of the Spirit: A Constructive Christian Theology*, Peter Hodgson writes, "Spirit is an immaterial vitality that enlivens and shapes material nature ... energy is simply that mysterious power that is active and at work in things, and that power is God as Spirit" (p. 270). Energy is a part of all things. Becoming attentive to energy and its influence on ourselves, others, and nonhuman others will help us to discern how we participate in creation. Centering, grounding, and personal space are three energy skills that enable us to grow in awareness of our own spiritual formation and discernment.

Centering is one of the most difficult skills to talk about. Two good spiritual questions to ask are: where do we center? and, what do we center on? Spiritual work is about entering Mystery. Mystery, or the unknown, is experienced. Through our experience of centering we gain an intuitive understanding of the material and the spiritual. Becoming aware of the rhythm of our breath, and the rise and fall of our chest will help us to center, become mindful, and tend to the present moment. We center not to get somewhere, or to do something. We center to reveal, to experience, to know our true nature, and the true nature of others.

Grounding is an energetic connection between our body and the earth. We are embodied beings. Therefore, grounding supports our ability to center within the energetic presence of our body. Our experiences of people, animals, situations, places, and so forth, can often result in a mixing, enmeshment, and merging of energies that cloud the knowledge of our own true nature. However, this is part of our growth process, and it is not something to avoid or resist. With the support of grounding, we let go or cleanse our personal space of energies that are not our own, or that we no longer need. Grounding offers fluidity in our spiritual growth, and attention to our true nature. When we are grounded we are present, focused, and dynamic. We are able to know our limits and possibilities, and create healthy boundaries, a part of our personal space.

Our personal space is an electromagnetic field that can be likened to a bubble surrounding our entire body, at about an arm's length distance. The ideal electromagnetic field is clear and defined, with a fluid edge or boundary flowing downwards from above the head to beneath the feet, where it joins with the flow of our grounding. Our personal space influences our ability to engage in an 'I and thou' relationship, described as the place where the spirit in me

greet the spirit in you. Many of us have boundary issues that instigate from physical, emotional, intellectual, or spiritual experiences that were not safe for our true nature. We then develop defense mechanisms to protect ourselves from a painful sense of self. This results in the creation of a false self, and dissociation from our true nature. Our boundaries and our self-definition or self-formation is weakened. We can begin to let go of our false sense of self when we sit in meditation, are mindful in the experiences of daily living, or when we focus our intention to reveal our true self.

When you and I are centered, grounded, and aware of our personal space and its flow, we can lean into Mystery, and invite the Unknown to help us experience, see, name, discern, heal, and move us in a direction Mystery calls forth in us. Immeasurable value is brought forth in this difficult, transformational work. ✨

Mary Millerd, MATS, is a spiritual director and teacher living in the Vancouver, British Columbia, Canada area. You can reach her at millerds@direct.ca.

# Listen

*A Seeker's Resource for Spiritual Direction*

A FREE SUBSCRIPTION AWAITS YOU,  
YOUR FRIENDS, COLLEAGUES,  
AND DIRECTEES AT  
[WWW.SDIWORLD.ORG](http://WWW.SDIWORLD.ORG)



\* Do you have a sense of something bigger, something just beyond?  
\* Are you wondering how to listen to the spirit of your life unfolding?



<p><i>Listen</i> is a simple, inviting, contemplative resource that will help you explore basic spiritual questions and quests. It is published four times a year and includes guidance, inspiration, poetry, retreat ideas, and spiritual book reviews.</p>	<p><i>Listen</i> is a <b>FREE GIFT</b>, offered to you by Spiritual Directors International. To download a sample copy, go to <a href="http://www.sdiworld.org">www.sdiworld.org</a>. For a free subscription to the print edition, go to <a href="http://www.sdiworld.org">www.sdiworld.org</a>, and tell us where to mail <i>Listen</i>.</p>
--	--

**TAKE THE NEXT STEP ON YOUR JOURNEY TODAY.**



## GLOBAL RESOURCES : Places, Programs, and Crafts

### Australia

#### Dayspring Centre for Christian Spirituality and Counselling Inc.

Graduate Diploma in Spiritual Direction  
Perth, Western Australia: 618-9275-3773  
info@dayspring.org.au  
www.dayspring.org.au

### Canada

#### The Jubilee Programs in Spiritual Direction

Pacific - Prairie - Central - Atlantic  
Ecumenical and multi-faith training  
in a progressive Christian context  
Inquiries to: Donald.Grayston@gmail.com  
Information at: www.jubileeassociates.ca

#### The Enchanted Ground Retreat (non-profit)

Come away to simple stillness.  
Supportive solitude for one or two people  
in upper suite of country house on Saltspring Island, BC.  
Spiritual Direction/Pastoral Care by appointment.  
Contact revelaina@hydes.com, www.hydes.com/retreat

### USA

#### Hesychia School of Spiritual Direction

at the Redemptorist Renewal Center  
7101 W. Picture Rocks, Tucson, AZ 85743  
520-744-3400; Toll free: 866-737-5751  
Teresa Blythe 520-290-6734, tblythe@jps.net  
www.desertrenewal.org/hesychia

#### Spiritual Ministry Center

Religious of the Sacred Heart  
San Diego, CA, USA 619-224-9444  
Retreats, Spiritual Direction, Sabbatical  
spiritmin@rscj.org  
www.spiritmin.org

#### Bethany Spirituality Center

Highland Mills, NY 10930  
A Ministry of the Religious of Jesus and Mary  
Spiritual Direction, Retreats, Sabbaticals  
845-460-3061; fax 845-928-2320  
www.bethanyspiritualitycenter.org

#### Servant Song Ministries

Retreat House & Spirituality Center  
720 East Greene Street  
Waynesburg, PA 15370  
Telephone/FAX: 724-852-2133  
www.servantsongministries.org

#### Internet

##### www.smallsmallacts.com

Note cards with original photography.  
Finding the Sacred in the Ordinary.  
Useful for meditation focus.  
No minimum order.  
Free shipping.

## SPIRITUAL DIRECTION

A spiritual guide is a person—or group—who accompanies you, offers sanctuary, encouragement, and even challenge at times. A spiritual companion

listens, prays, and responds on your behalf. A spiritual director receives your sacred life story, and is a safe, sturdy advocate for you.

  
**Veriditas**  
Experience the Wisdom of the Labyrinth

### *Pilgrimages & Labyrinth Facilitator Trainings*

*Chartres Cathedral, France,  
September, 2007*

*Grace Cathedral, San Francisco,  
November, 2007*

~ ~ ~  
*School of the Sacred Feminine,  
August, 2007*

*Women's Dream Quest,  
October, 2007*

**www.veriditas.net**  
mention this ad for discount

### *You are invited to....*

#### **Lakes Region, New Hampshire for Retreat**

The Gunstock Inn and Fitness Center is the perfect setting for a relaxing get-away or spiritual retreat. Located in Gilford, N.H., the inn is known for its wonderful views of Lake Winnepesaukee and the Ossipee Mountains. Register now for **Listening to the Gentle Whisper of the Spirit Retreats** offered in July, August, and September. [www.gunstockinn.com](http://www.gunstockinn.com) or call (603) 293-0182 and ask for Louise Bastille.

### *Lorian*

Center for Incarnational Spirituality

### *"Soul Friending" Master's Degree*

A Professional  
Spiritual Direction Program

[info@lorian.org](mailto:info@lorian.org) 425.427.9071 [www.lorian.org](http://www.lorian.org)

*"Deepen into the skills of your sacredness"*



# Spiritual Direction

You are on your knees  
in awe, in gratitude, in joy.

You are on your knees  
in despair, in anxiety, in sorrow.

You are on your knees.

You yearn to be lifted.

You yearn to understand your longing  
perhaps even to feel a connection with

this pull      this push

this strange, unnameable calling,

in the heart of your soul.

You hear      you read the words

*Spiritual Direction.*

Some time after

when a new-born moon

with her silver sliver

has brought you to your knees once more

in your joy      in your despair;

when a full moon

has cast her radiant glow

has brought you to your knees once more

in your joy      in your despair

you sit in a quiet room in a chair.

Near you

a Spiritual Companion in a chair.

And, too, a **third** chair.

In an ordinary home

**three** chairs.

**Three** chairs

on ocean's edge,

on towering cliff,

on a ragged, jagged, majestic rock-face

beside the lighthouse which beckons.

Your awe begins to radiate.

Your anxiety begins to intensify      to gentle.

“Why three chairs?” you ask

this quiet, so present Spiritual Companion.

“The third chair”

she offers

“is for the True Guide, the only Director

the One within you

the One in all of life.

I am here to help you learn

to listen.”

You weep soft tears.

You are home.

—Jennifer (Jinks) Hoffmann, February 21, 2007

WWW.SDIWORLD.ORG

When you visit the Spiritual Directors International Web site at [www.sdiworld.org](http://www.sdiworld.org), you can learn about retreats, programs, conferences, and other events related to spiritual direction. You can read descriptions of the spiritual direction relationship from a variety of spiritual traditions, and discover excellent questions

to ask of yourself, and any potential spiritual directors you choose to interview. To locate a spiritual director or guide, go on-line to *Seek and Find: A Worldwide Resource Guide of Available Spiritual Directors*. More than 5,500 available spiritual directors are listed by geographical location at [www.sdiworld.org](http://www.sdiworld.org).



## FIELD NOTES

# LICKING OUR WOUNDS

I believe men have issues and wounds. And, that sometimes the male journey includes a bit more drudgery, worthlessness, and pain than necessary—perhaps even more than we realize. As men, we may intellectually know that tremendous growth can occur when we embrace the pain in our lives. Yet we fear the hurt, and so we avoid the encounter. We often cram our most intimate desires into the deepest parts of our inner selves, and avoid that which we know needs to be spoken. We remain wounded and paralyzed.

Men have a heart, a soul, and a deeper spirit ... something to offer other than hunting, gathering, and winning bread. So how can we lick our wounds?

A wound must be irrigated in order for rapid and complete healing with minimal scarring. And yes, there is pain. The pain comes from the physical experience of irrigating the wound. We may fear the pain unless we can share our sacred story with a male spiritual companion. Safe, gentle, and compassionate listening becomes the irrigation. We are not broken, so there is nothing to fix.

Our life experience and story is sacred. Yet, we struggle to share what is held deep within, often for many years. Now may be a time to bring it up from the depths. C. S. Lewis once said of his own journey, "Nothing is any good until it has been down in the cellar for awhile."

So men, put words around your story. Let's develop language to express our own deep frozen experience in order to have it heard, validated, and honored without judgment. We need to listen to each other and through this companioning, lick our wounds and be healed.

—Jim Neppi lives in Minnesota, USA and invites men to gather and share sacred stories. You can reach him at [jim@spiritsatwork.net](mailto:jim@spiritsatwork.net).



## ASK OWL

**Q**uestion: *I want to go on a retreat, but I'm hesitant. How long will a retreat last? What can I expect?*

**H**oot-hoot: What a great question! Retreats are really a time to treat yourself, and enter into living more deeply. There are many reasons to take time to make a retreat. And, there are also many different types of retreats. Perhaps you will choose to go on retreat with a group of people that you know from a spiritual community. Or, you might not know anyone! You might be on retreat in solitude and silence, with a small group, large group, or only men, or only women. Maybe there is a teacher or guide leading a retreat that will offer new learning for you. Perhaps you will have a spiritual companion or director to aid in your discernment or questions that arise. Maybe you simply want to deepen your prayer life. There are many reasons you can choose to make a retreat. It is important to listen to the longings and stirrings within you, and respond.

Retreats can last a few hours, or longer. Some people enter into a prolonged retreat or sabbatical that can last a year or more. Most often, retreats are either a weekend, week, or occur during your daily life. A retreat can be self directed or with a structure that is provided for you.

We can expect just about anything on a retreat! Most often, when we open ourselves to the unknown and mystery, we are surprised in an unexpected way, and discover a nugget or gem that holds truth and depth for our life specifics. If we

take the time to slow down, we might experience questions and confrontations that are challenging. And, we may find connections that bring us alive in new ways. Read about a retreat a feathered friend observed at [www.sdiworld.org](http://www.sdiworld.org).

—If you have a question for the Wise Owl, please e-mail [Listen@sdiworld.org](mailto:Listen@sdiworld.org). You may see a response in a future issue of *Listen!*

An excellent resource for married adults on a spiritual journey

### Claiming Our Deepest Desires the Power of an Intimate Marriage

Weds the spiritual and the practical of Married Life  
and Affirms the transforming grace of Married Love



Claiming Our Deepest Desires  
the Power of an Intimate Marriage  
(LITURGICAL PRESS)

Bridget Brennan + Jerome Shen  
Signed copies available from authors: (\$15.)  
[joy@canainstitute.org](mailto:joy@canainstitute.org) (314) 832-0512

● **ASIA**

**December 3-7, 2007**  
 South Korea: Seoul  
**Topic:** Spiritual Direction and Supervision Seminar  
**Presenter:** Mary Ann Scofield, RSM  
**Location:** Sogang University, Ignatius Hall  
**Contact:** Russ Feldmeier, russfeldmeier@yahoo.com

● **OCEANIA-AUSTRALIA**

**October 12-17, 2007**  
 Papua New Guinea: Port Moresby  
**Topic:** Ongoing Formation and Peer Support for Active Spiritual Directors  
**Presenter:** Team of spiritual directors  
**Location:** Xavier University  
**Contact:** Marie Turner, DW, mariedw@daltron.com.pg 657-328-1384

● **EUROPE**

**August 13-17, 2007**  
 United Kingdom:  
 Hoddesdon Herts  
**Topic:** Conference of the Spiritual Exercises Network  
**Presenter:** Rev. Andrew Walker, and Rev. Philip Endean, SJ  
**Location:** High Leigh Conference Centre  
**Contact:** Maria Evans, maria@maria01.orangehome.co.uk

● **NORTH AMERICA-Canada**

**August 4-12, 2007**  
 Canada: Burnaby, British Columbia  
**Topic:** Building Interfaith Solidarity: Moving Beyond the Racialization of the Religious Other  
**Location:** Simon Fraser University  
**Contact:** Trish Graham, 604-291-5855

**August 22-29, 2007**  
 Canada: Edmonton, Alberta  
**Topic:** Centering Prayer Intensive Retreat  
**Presenter:** Rev. Raymond Sevigny  
**Location:** Providence Renewal Centre  
**Contact:** Jocelyne Marple, jmarple@providencerenewal.ca

**October 12, 2007**  
 Canada: Vancouver, British Columbia  
**Topic:** Professional Day: Surrender Leads to Freedom: Addiction, Co-dependency and Spiritual Direction  
**Presenter:** Maureen Conroy, RSM, DMin  
**Time:** 8:45 a.m.-4:30 p.m.  
**Location:** Carey Centre, University of B.C. Campus  
**Contact:** Karen Webber, soulstream1@gmail.com

**October 12-14, 2007**  
 Canada: Vancouver, British Columbia  
**Topic:** Workshop: Supervision of Spiritual Directors: Growing in Self Awareness and Freedom  
**Presenter:** Maureen Conroy, RSM, DMin  
**Location:** Carey Centre, University of B.C. campus  
**Contact:** Karen Webber, soulstream1@gmail.com

● **NORTH AMERICA-USA**

**August 4, 2007**  
 USA: Beech Grove, Indiana  
**Topic:** A Day with Hildegard of Bingen  
**Presenter:** Barbara Leonhard, OSF  
**Time:** 9:30 a.m.-3:30 p.m.  
**Location:** Benedict Inn Retreat Center  
**Contact:** Rev. Dr. M. Lorraine Coufal, mcoufal@clarian.org

**August 20-24, 2007**  
 USA: Auburn, California  
**Topic:** The Cost of Consciousness: Leadership and the Piercing of the Soul  
**Presenter:** Don Bisson, FMS, DMin, Sandra Lommasson, and Alexander Shaia, PhD  
**Location:** Mercy Center Auburn  
**Contact:** Sandra Lommasson, sandra@breadoflife.org

**August 31-September 2, 2007**  
 USA: New Haven, Kentucky  
**Topic:** Bridges to Contemplative Living with Thomas Merton  
**Location:** Bethany Spring  
**Contact:** The Merton Institute for Contemplative Living, info@mertoninstitute.org 502-899-1991

**September 18, 2007**  
 USA: Lake Dallas, Texas  
**Topic:** Retreat Day for Spiritual Directors  
**Presenter:** Sr. Macrina Weiderkehr, OSB  
**Time:** 9:30 a.m.-3:30 p.m.  
**Location:** Montserrat Retreat Center  
**Contact:** Nancy Dunkerley, nkduck@tx.rr.com, 214-908-0229

**September 20-23, 2007**  
 USA: Halibut Cove, Alaska  
**Topic:** The Ultimate Journey: Into the Wilderness  
**Presenter:** Paula D'Arcy  
**Location:** Stillpoint Lodge  
**Contact:** Jan Thurston, info@stillpointlodge.com

**September 27-30, 2007**  
 USA: Halibut Cove, Alaska  
**Topic:** Alaskan Dream Workshop: The Magic Mirror That Never Lies  
**Presenter:** Jeremy Taylor  
**Location:** Stillpoint Lodge

**Contact:** Jan Thurston, info@stillpointlodge.com

**October 6, 2007**  
 USA: Philadelphia, Pennsylvania  
**Topic:** Desires of the Heart and Spiritual Direction  
**Presenter:** Robert Howlett, EdD  
**Time:** 9:30 a.m.-3:30 p.m.  
**Location:** Chestnut Hill College  
**Contact:** Val Downing, valerie.downing@verizon.net 610-688-3892

**October 12, 2007**  
 USA: Mt. Angel, Oregon  
**Topic:** Art and Spirituality  
**Presenter:** Rev. Dr. Rebecca Bradburn Langer  
**Time:** 8:30 a.m.-4:00 p.m.  
**Location:** Shalom Prayer Center Queen of Angels Monastery  
**Contact:** Rev. Elaine Andres, elaine@sacredpathministry.com 541-543-3181

**October 15, 2007**  
 USA: Marriottsville, Maryland  
**Topic:** to be determined  
**Time:** 3:00 p.m.-6:00 p.m.  
**Location:** Bon Secours Spiritual Center  
**Contact:** Anna Gilcher, agilcher@earthlink.net, 301-589-7070

**October 18-21, 2007**  
 USA: Browns Summit, North Carolina  
**Topic:** Moving Toward Wholeness  
**Location:** The Summit Conference Center  
**Contact:** Tom Lane, info@journeyconferences.com

**March 26-30, 2008**  
 USA: Washington, DC  
**Topic:** Annual Conference of Spiritual Directors International, "Being Present"  
**Presenter:** Keynote-Rose Mary Dougherty, SSND; Spiritual Director-Jacob Staub; and forty-two workshops  
**Location:** Hilton Washington Dulles Airport Hotel  
**Contact:** Spiritual Directors International, events@sdiworld.org

● **SOUTH AMERICA**

**Latin America - Caribbean Ongoing**  
 Peru: Arequipa  
**Topic:** Incarnational Spirituality: Prayer in Movement with Tai Ji  
**Presenter:** Patricia V. Roberts  
**Time:** Mon. and Wed. 9:30-10:30 a.m. Tues. and Thurs. 8:00-9:00 a.m.  
**Contact:** Patricia V. Roberts, robertsbillig@yahoo.com 051-54-255689

**BECOME A MEMBER**

*of a global learning community of spiritual care providers and seekers who are passionate about listening for the Spirit.*



- ✦ Join a multi-faith learning community
- ✦ Participate in educational events
- ✦ Read *Presence: An International Journal of Spiritual Direction*
- ✦ Receive *Listen*
- ✦ Receive *Connections*, the official Spiritual Directors International newsletter
- ✦ Access members-only Web site forums



Go to the online store at [www.sdiworld.org](http://www.sdiworld.org) to learn about more benefits and order your membership today!

Become a member by October 1, 2007 and receive a free DVD *Companions of the Sacred: The Art of Spiritual Direction*.

(Mention "Free DVD" in the comment field of the online membership form.)

SPIRITUAL DIRECTORS INTERNATIONAL  
 IS A 501(C)(3) CHARITABLE ORGANIZATION.





# SPIRITUAL DIRECTORS INTERNATIONAL

PUBLISHER OF *PRESENCE: AN INTERNATIONAL JOURNAL OF SPIRITUAL DIRECTION*

PO BOX 3584 • BELLEVUE, WA 98009-3584 • USA

NON PROFIT ORG  
US POSTAGE PAID  
SEATTLE, WA  
PERMIT NO. 315



## Coming in October 2007 ... *Spiritual practice and the arts*

“Tending the holy around the world and across traditions ...

Al servicio de lo sacro alrededor del mundo y a través de las tradiciones ...”

—Translated by Marta Rios and Xavier Ortiz Monasterio

SPIRITUAL DIRECTORS INTERNATIONAL has launched

## *Seek and Find: A Worldwide Resource Guide of Available Spiritual Directors*

the first-ever comprehensive, multi-faith, global listing

- The *Seek and Find Guide* is a free, online, searchable list of more than 5,000 available spiritual directors from many faith traditions.
- Designed using a hyperlinked global map, seekers can click on their location to find available spiritual directors to interview in their area.
- Along with the *Seek and Find Guide*, Spiritual Directors International offers helpful advice for seekers about how to interview prospective spiritual directors in order to ensure a good match.

“The *Seek and Find Guide* is utterly fantastic! I've already used it to respond to someone looking for spiritual directors to interview in another part of the world.” —Jim Keegan, SJ

To search the *Seek and Find Guide*, go to [www.sdiworld.org](http://www.sdiworld.org). If you are a spiritual director who would like to be listed, you can find information at [www.sdiworld.org](http://www.sdiworld.org).

TENDING THE HOLY AROUND THE WORLD AND ACROSS TRADITIONS

*Find a Spiritual Director Anywhere in the World!*

## *Seek and Find Guide:*

[www.sdiworld.org](http://www.sdiworld.org)

