

# Planning Guide



Engaging Spirituality is divided into three movements.

Each one comprises seven thematic sessions.

These movements are separated by an activity (retreat, immersion or pilgrimage).

The twenty-one sessions are scheduled at weekly intervals.

Participants implement a rhythm of prayer, spiritual-reading, and journal-keeping between sessions.

Each participant sets up an outreach ministry that will demand at least two hours per month.

This can be scheduled on a weekly or every-other week basis.

## JustFaith Ministries

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For co-facilitators of Engaging Spirituality.  
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# Just FAITH Engaging SPIRITUALITY

## PLANNER 2009-10

	Session	Theme	Date	Time	Location
Recruitment & Promotion	Introductory Presentation				
Discernment	Interviews				
	Opening Retreat <small>Overnight</small>	Just Awakenings Parish Blessing of Group*			
	Session One	Engaging Sacred Space 1			
	Session Two	Engaging Sacred Space 2			
	Session Three	Engaging Wonder			
	Session Four	Listening Session			
	Session Five	Engaging Wonder			
	Session Six	Engaging Gratefulness 1			
	Session Seven	Engaging Gratefulness 2			
	Immersion Day <small>9 Hrs.</small>	Sacred Presence			
	Session Eight	Engaging Suffering & Violence 1			
	Session Nine	Engaging Suffering & Violence 2			
	Session Ten	Engaging Mystery			
	Session Eleven	Listening Session			
	Session Twelve	Engaging Mystery			
	Session Thirteen	Engaging Darkness & Loss 1			
	Session Fourteen	Engaging Darkness & Loss 2			
	Pilgrimage Day <small>9 Hrs.</small>	Bearing Witness			
	Session Fifteen	Engaging At-One-Ness 1			
	Session Sixteen	Engaging At-One-Ness 2			
	Session Seventeen	Engaging Healing			
	Session Eighteen	Listening Session			
	Session Nineteen	Engaging Healing			
	Session Twenty	Engaging Justice & Joy 1			
	Session Twenty-One	Engaging Justice & Joy 2			
	Commissioning Day <small>6 Hrs.</small>	Rest-Oration			

\*Ideally the blessing takes place at Sunday Mass following the conclusion of the Opening Retreat.

## DOCUMENT SCHEDULE

### 1. Start-Up Materials

Available after May 31<sup>st</sup>

- Promotion Flier and Overview
- Facilitator Manual,
- Introductory Presentation, Bulletin Insert & Registration Form
- Participant Discernment, Interview Guidelines
- ES Planning Guide

### 2. Opening Retreat

Available after July 30<sup>th</sup>

- Just Awakenings
- Order Form #1

### 3. Out to the Light

Available after August 30<sup>th</sup>

- Sessions One through Seven
- Order Form #2

### 4. Immersion

Available after September 30<sup>th</sup>

- Sacred Presence

### 5. Into the Dark

Available after October 30<sup>th</sup>

- Sessions Eight through Fourteen
- Order Form #3

### 6. Pilgrimage

Available after November 30<sup>th</sup>

- Bearing Witness

### 7. Down to Earth

Available after January 30<sup>th</sup>

- Sessions Fifteen through Twenty-One

### 8. Commissioning Retreat

Available after February 28<sup>th</sup>

- Rest-Oration
- Annotated Bibliography