Learning Objectives. Participants will…

* Become acquainted with the relational stances, realms for encounter, and themes of Martin Buber’s spirituality;
* Increase their understanding of the practices of turning and hallowing, which Buber underscored is specific to the situation and the particular moment in time;
* Explore what helps or hinders them from connecting genuinely with all that they meet.

Bibliography:


Guiding Themes of Martin Buber’s Spirituality

**Preliminary Practices**

1) Heart-Searching—Where are you?

2) Your Particular Way—How am I to serve God?

3) Resolution—How can I be unified?

**Practicing Presentness**

4) Beginning with Yourself—What is the origin of conflict?

5) Turning toward Others—What am I to unify my being for?
   * Buber uses two terms for turning:
     1. *Umkehr* (def.): an inner transformation that opens one to entering completely into the presence of the other;
     2. *Wendung* (def.): a reversal of one’s whole being such that one no longer turns back to his or her self-absorbed self

6) Here Where You Stand—Where does God dwell?

References:

# Martin Buber’s
## Two Primary Ways of Relating

<table>
<thead>
<tr>
<th>I-It</th>
<th>I-Thou</th>
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<tbody>
<tr>
<td>Onlooker</td>
<td>Participant</td>
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<tr>
<td>Wrapped up in myself</td>
<td>Focused on what goes on between us</td>
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<tr>
<td>Never Spoken with the Whole Being</td>
<td>Spoken with the Whole Being</td>
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<tr>
<td>Classifies, categorizes and analyzes the other</td>
<td>Attuned to the distinctive, holy potentialities in the other</td>
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<td>Ruminates over what was and worries about what’s to come</td>
<td>Opens to another fully and spontaneously in the here and now</td>
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<tr>
<td>Controlling</td>
<td>Yielding</td>
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References:
